*For images*

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, grant permission to [insert reporter / media outlet] to use my image (photographs and / or video) for use in a media publication. I understand that I waive any right to inspect or approve the finished photographs or videos that may be used in the final media piece. I understand that I will not be financially compensated for releasing these photographs.

Signed:

*For an interview*

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, grant permission to [insert reporter / media outlet] to use the story I share with them in a public media publication. I understand that I waive any right to inspect or approve the story after I offer this interview. In advance of starting this interview I have a written agreement with [reporter / media outlet] that they will use [select one] my real first-name / a pseudonym when referring to me or attributing quotes to me.

Signed: